



SUMMER FIGURE SKATING CLINIC

****ALL INCLUSIVE****

WEDNESDAYS

JUNE 27, JULY 11, 18, 25, AUGUST 1, 8, 15

~7-week program~

Clinic Includes:

- Figures
- Jump Technique
- OneUp Gym
- Champion Cord Instruction
- Ice Theatre and Style
- Edge Classes
- Strength and Conditioning
- Off-Ice Harness
- Plus Much more!!

*All Inclusive Training Program for skaters working on
Basic 4 through Senior Levels*

**** ONLINE REGISTRATION! ****



www.SK8GR8.com

RISING STARS CLINIC

- ❖ Learn in a team environment
- ❖ Variety of coaching styles
- ❖ Group Classes are more cost efficient
- ❖ Educational and Fun!

All Rising Stars and Learn-to-Skate Skaters Basic 4+ are welcome!

SCHEDULE – HOLIDAY RINKS

- 10:00 - 10:30 On-Ice Group Class
- 10:30 - 10:45 On-Ice Practice Time
- 10:45 – 10:55 Break (Snack)
- 10:55 – 11:15 Off-Ice Class (Sneakers & Jump Rope Req.)

	ON-ICE 10:00-10:15	ON-ICE 10:15-10:30	OFF-ICE 10:55-11:15
WEEK 1	Edgework/Style	Skating Tricks	Jump Rope with air positions
WEEK 2	Edgework/Style	Jump Technique	Off-Ice Harness
WEEK 3	Edgework/Style	Spins	Jump Rope w/ Strengthening
WEEK 4	Edgework/Style	Music Interpretation	Pilates
WEEK 5	Edgework/Style	Skating Tricks	Jump Rope with air positions
WEEK 6	Edgework/Style	Jump Technique	Off-Ice Harness
WEEK 7	Edgework/Style	Spins	Jump Rope w/ Strengthening

Make checks payable and send completed application to:

Skate Great
4536 Main St. Suite 102
Amherst, NY 14226

Or Register online at www.SK8GR8.com

TERMS

- * Parents are recommended to drop off skaters on Clinic Day.
- * Enrollment is limited and will be accepted on a first come, first served basis.
- * Payment made by June 17th will receive a discount – full package only.
- * Full payment is due by June 27th 2018– for full package.
- * There will be a \$50 fee for all returned checks
- * NO MAKEUPS – NO REFUNDS
- * Credits/Refunds will only be considered with an authorized medical excuse.
- * Private lessons will be billed separately.
- * Skate Great assumes no responsibility for any accident or injury to any participant.
- * Training Clinic payment must be made separately. Ice cards cannot be used for clinic.

RISING STARS CLINIC SUMMER 2018 SESSION REGISTRATION FORM

COST: \$114.00 (Before 6/17) \$126.00 (After 6/17)

Pay on or before June 17th and receive a discount – full package only (Walk-on fee: \$20/ day)

Name: _____ Age _____

Address: _____ City _____ Zip _____

Phone: _____ Birthdate: _____ Email _____

Coach (optional): _____ Highest Badge Level Passed: _____

SUMMER TRAINING CLINIC 2018

The Wednesday training program is designed to provide a “COMPLETE TRAINING PROGRAM” for the beginner, test, and competitive skater who wish to “aspire higher.”
The coaching staff will provide a supervised and disciplined program.

This is an ALL-INCLUSIVE program with no extra charges!
Private lessons with your coach during the camp will be billed separately.

Please bring with you:

Sneakers
Water Bottle
Notebook
A Healthy Snack (ex. Protein Bar, Apple, Sandwich)

SCHEDULE

☆	TRACK 1	☆
Pre-Preliminary – Preliminary		

☆	TRACK 2	☆
Pre-Juvenile – Senior		

9:15-9:35 Off-Ice Competitive Edge
9:45-10:00 Figures / Turns
10:00-10:15 Style / Ice Theatre
10:15-10:30 Variety Group Class
10:30-11:00 Practice (Mandatory Programs)
11:15-11:45 Off-Ice Class (OneUp Gym)

7:35-7:55 Off-Ice Competitive Edge
8:00-8:15 Figures / Turns
8:15-8:30 Style / Ice Theatre
8:30-8:45 Variety Group Class
8:45-9:30 Practice (Mandatory Programs)
9:45-10:30 Off-Ice Class (OneUp Gym)

TRACK 1	CLASS	CLASS	ON-ICE GROUP CLASS	OFF-ICE CLASS
Week 1	Figures	Style	Jump Technique	OneUp Gym
Week 2	Figures	Style	Edge Elements	OneUp Gym
Week 3	Figures	Style	Spins	OneUp Gym
Week 4	Figures	Style	Music Interpretation	OneUp Gym
Week 5	Figures	Style	Jump Technique	OneUp Gym
Week 6	Figures	Style	Edge Elements	OneUp Gym
Week 7	Figures	Style	Spins	OneUp Gym

TRACK 2	CLASS	CLASS	ON-ICE GROUP CLASS	OFF-ICE CLASS
Week 1	Figures	Style	Jump Technique	OneUp Gym
Week 2	Figures	Style	Edge Elements	OneUp Gym
Week 3	Figures	Style	Spins	OneUp Gym
Week 4	Figures	Style	Music Interpretation	OneUp Gym
Week 5	Figures	Style	Jump Technique	OneUp Gym
Week 6	Figures	Style	Edge Elements	OneUp Gym
Week 7	Figures	Style	Spins	OneUp Gym

Levels subject to change based on enrollment and Freestyle level.
Skate Great reserves the right to cancel any category due to low enrollment.
Skate Great assumes no responsibility for any accident or injury to any participant.
Guest coaches are welcome, call JESSICA ROSWELL 580-3458

ALL-INCLUSIVE PACKAGE RATE

Track 1: \$210.00 (Pre-Preliminary – Preliminary)

Pay on or before June 17th and receive a discount \$189.00 – full package only

Walk-on fee: Track 1 \$34/day

Track 2: \$245.00 (Pre-Juvenile – Senior)

Pay on or before June 17th and receive a discount \$221.00 - full package only

Walk-on fee: Track 2 \$39/day

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- * Payment made by June 17th will receive a discount – full package only.
- * Full payment is due by June 27th, 2018 for full package.
- * There will be a \$50 fee for all returned checks
- * NO MAKEUPS – NO REFUNDS
- * Credits/Refunds will only be considered with an authorized medical excuse.
- * There will be no additional charges.
- * Private lessons will be billed separately.
- * Off-ice and on-ice harness will be billed separately.
- * Skate Great assumes no responsibility for any accident or injury to any participant.
- * Training Clinic payment must be made separately. Ice cards cannot be used for clinic
- * Make checks payable and send completed application to:

Skate Great

4536 Main St. Suite 102

Amherst, NY 14226

Complete below and return with check

OR

Register Online at www.SK8GR8.com

SUMMER TRAINING CLINIC 2018 REGISTRATION FORM

Name: _____ Age _____

Address: _____ City _____ Zip _____

Home Phone: _____ Work Phone: _____ Coach _____

Birthdate: _____ Highest Freestyle Passed: _____

Club: _____ E-MAIL (**print clearly**): _____

_____ **Track 1** (\$189 Before 6/17, \$210 After 6/17) _____ **Track 2** (\$221 Before 6/17, \$245 After 6/17)

Total amount paid: _____ Check # _____ Date: _____