



SPRING FIGURE SKATING CLINIC

****ALL INCLUSIVE****

SATURDAYS: APRIL 11, 25, MAY 2, 9, 23, 30

Clinic Includes:

- Figures
- Jump Technique Classes
- Champion Cord Instruction
- Ice Theatre & Style Classes
- Strength & Conditioning (OneUp Gym)
- Off-Ice Harness
- *New- Mandatory program Chart*
- *New- Program Exhibition Day*
- *New- \$5 Saturday*
- Plus Much more!!

*All Inclusive Training Program for skaters working on
Pre-Preliminary through Senior Levels*

**** ONLINE REGISTRATION! ****



www.SK8GR8.com

RISING STARS CLINIC

- ❖ Learn in a team environment
- ❖ Variety of coaching styles
- ❖ Group Classes are more cost efficient
- ❖ Educational and Fun!

All Rising Stars and Learn-to-Skate Skaters Basic 4+ are welcome!

9:20 – 9:35
9:45 – 10:15
10:15 – 10:45

Off-Ice Warmup Class -Sneakers
On Ice Group Class
On Ice Practice

Make checks payable and send completed application to:

Skate Great
4536 Main St. Suite 102
Amherst, NY 14226

Or Register Online at www.SK8GR8.com

TERMS

- * Parents are recommended to drop off skaters on Clinic Day.
- * Enrollment is limited and will be accepted on a first come, first served basis.
- * Payment made by April 5th will receive a discount – full package only.
- * Full payment is due by April 11th, 2020– for full package.
- * There will be a \$30 fee for all returned checks
- * NO MAKEUPS – NO REFUNDS
- * Credits/Refunds will only be considered with an authorized medical excuse.
- * Private lessons will be billed separately.
- * Skate Great assumes no responsibility for any accident or injury to any participant.
- * Training Clinic payment must be made separately. Ice cards cannot be used for clinic.

RISING STARS CLINIC SPRING 2020 SESSION REGISTRATION FORM

COST: \$96.00 (Before 4/5) \$108.00 (After 4/5)

Pay on or before April 5th and receive a discount – full package only (Walk-on fee: \$20/day)

Name: _____ Age _____

Address: _____ City _____ Zip _____

Phone: _____ Birthdate: _____ Email _____

Coach (optional): _____ Highest Badge Level Passed: _____

Total amount paid: _____ Check # _____ Date: _____

SPRING TRAINING CLINIC 2020

The Saturday training program is designed to provide a “COMPLETE TRAINING PROGRAM” for the beginner, test, and competitive skater who wishes to “aspire higher.”

The coaching staff will provide a supervised and disciplined program.

*This is an ALL-INCLUSIVE program with no extra charges!
Private lessons with your coach during the camp will be billed separately.*

Please bring with you:

Sneakers

Notebook

Water Bottle

A *Healthy* Snack (ex. Protein Bar, Apple, Sandwich)

SCHEDULE

TRACK 1

Pre-Preliminary – Preliminary

9:20 – 9:35 Off-Ice Warmup
9:45 – 10:00 Style
10:00 – 10:15 Variety Group Class
10:15 – 10:45 Practice
10:45 – 11:00 Powerskating
11:15 – 11:45 Off-Ice Class

TRACK 2

Pre-Juvenile – Senior

7:40 – 7:55 Off-Ice Warmup
8:00 – 8:15 Figures / Turns
8:15 – 8:30 Style /Ice Theatre
8:30 – 8:45 Variety Group
8:45 – 9:30 Practice
9:30 - 9:45 Powerskating
10:00 – 10:45 Off-Ice Class

	CLASS	VARIETY	THEMES
Week 1	3 Turns	Edge Elements	Pajama Day
Week 2	Rockers	Jump Drills	Superhero
Week 3	Brackets	Spins	Throwback day
Week 4	Counters	Jump Drills	Competition Run Through – Wear competition outfit
Week 5	Loops	Edge Elements	\$5 Saturday
Week 6	Choktaws	Spins	Pizza Party!

Levels subject to change based on enrollment and Freestyle level.

Skate Great reserves the right to cancel any category due to low enrollment.

Skate Great assumes no responsibility for any accident or injury to any participant.

Guest coaches are welcome, with permission from the Director.

Call Jessica Roswell - 580-3458

ALL-INCLUSIVE PACKAGE RATE

Track 1: \$180.00 (Pre-Preliminary – Preliminary)

Pay on or before April 5th and receive a discount \$162.00 – full package only

Walk-on fee: Track 1 \$35/day

Track 2: \$210.00 (Pre-Juvenile – Senior)

Pay on or before April 5th and receive a discount \$192.00 - full package only

Walk-on fee: Track 2 \$40/day

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- * Payment made by April 5th will receive a discount – full package only.
- * Full payment is due by April 11th, 2020 – for full package.
- * There will be a \$50 fee for all returned checks
- * NO MAKEUPS – NO REFUNDS
- * Credits/Refunds will only be considered with an authorized medical excuse.
- * There will be no additional charges.
- * Private lessons will be billed separately.
- * Off-ice and on-ice harness will be billed separately.
- * Skate Great assumes no responsibility for any accident or injury to any participant.
- * Training Clinic payment must be made separately. Ice cards cannot be used for clinic.

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4536 Main St. Suite 102

Amherst, NY 14226

Complete below and return with check

OR

Register Online at www.SK8GR8.com

SPRING TRAINING CLINIC 2020 REGISTRATION FORM

Name: _____ Age _____

Address: _____ City _____ Zip _____

Home Phone: _____ Work Phone: _____ Coach _____

Birthdate: _____ Highest Freestyle Passed: _____

Club: _____ E-MAIL (**print clearly**): _____

_____ **Track 1** (\$162 Before 4/5, \$180 After 4/5) _____ **Track 2** (\$192 Before 4/5, \$210 After 4/5)

Total amount paid: _____ Check # _____ Date: _____