

ADULT SKATING SESSION



#1 IN WESTERN NEW YORK, TOP TEN IN THE U.S.

Adult - Beginner thru Advanced
Thursday AFTERNOONS
1:00 – 2:00

**HOCKEY
PLAYERS
WELCOME!**

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This class is designed for adults who would like to learn the basics of ice skating, improve their skating skills, or be able to skate confidently without the use of a walker or the boards. This group session is a great way to meet new people, exercise and improve balance and coordination.

- ❖ REGISTER ONLINE TO RESERVE YOUR SPOT!
- ❖ Great exercise - **11 Laps = 1 Mile!!**
- ❖ Free Loaner Skates Available (Limited Quantity)
- ❖ 1 Hour Session Includes: 30 min. lesson & 30 min. of practice.
- ❖ Year-Round Programs

For Information contact:

Skate Great Office-716.580.3458

**Price Includes USFS Membership, Instruction, Practice Time.*

Thursdays at Leisure Rinks (1:00 – 2:00pm)

75 Weiss Rd West Seneca, NY 14224

Session 1: October –November 2025

October 2, 9, 16, 23, 30, November 6, 13, 20

\$120 / 8 Weeks

Session 2: December – January 2026

December 4, 11, 18, January 8, 15, 22, 29

**No Class December 25 & January 1*

\$105 / 7 Weeks

Session 3: February – March 2026

February 12, 26, March 5, 12, 19, 26

**No Class February 19*

\$90 / 6 Weeks

Online Registration Only!

www.sk8gr8.com/registration