



# SPRING TRAINING CLINIC 2026

**\*\*ALL INCLUSIVE\*\***

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SATURDAYS: APRIL 25, MAY 2, 9, 23, 30, JUNE 6

**\*\*NO TRAINING CLINIC MAY 16 DUE TO SPRING SKATE FESTIVAL\*\***

Holiday Twin Rinks  
3465 Broadway Street  
Cheektowaga, NY 14227

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Clinic Includes:

Fundamentals of Figures

Style Classes

Jump and Spin Technique Classes

Champion Cord Instruction

Strength & Conditioning

Off-Ice Harness

and much more!



- \* Learn in a team environment
- \* Variety of coaching styles
- \* Group classes are more cost efficient
- \* Educational and fun!

The Saturday training program is designed to provide a “COMPLETE TRAINING PROGRAM” for the beginner, test, and competitive skater who wishes to “aspire higher”. The coaching staff will provide a supervised and disciplined program.

**Please bring with you:** Sneakers, Water Bottle, Yoga Mat, Jump Rope, a Snack (ex. Protein Bar, Fruit, Sandwich)

Levels subject to change based on enrollment and Singles level.  
Skate Great reserves the right to cancel any category due to low enrollment.  
Skate Great assumes no responsibility for any accident or injury to any participant.

**Terms and Conditions:**

- \* Parents are strongly recommended to drop off skaters on Clinic Day.
- \* Enrollment is limited and will be accepted on a first come, first-served basis.
- \* Payment made by April 18<sup>th</sup>, 2026, will receive a discount – full package only.
- \* Regular full package payment is due by April 26<sup>th</sup>, 2026.
- \* NO MAKEUPS, NO REFUNDS – Credits or refunds will only be considered with an authorized medical excuse.
- \* Private lessons will be billed separately by individual coach(es).
- \* Skate Great assumes no responsibility for any accident or injury to any participant.
- \* Training Clinic payment must be made separately. Ice cards will not be accepted.

### **RISING STARS CLINIC**

*All skaters Basic 6 – Aspire 1 levels*

**COST:**

Early Bird Discount - Full Package Only:  
**\$152.00 (pay by 4/18/2026)**

Regular Full Package:  
**\$168.00 (pay by 4/25/2026)**

Walk-On Fee: **\$32.00/day**

**Schedule:**

8:35 – 8:50am Off-Ice Warm Up  
9:00 – 9:15am Practice  
9:15 – 9:30am Stroking & Style Class  
9:30 – 9:45am Spins & Edge Class  
9:45 – 10:00am Jumps/Jump Drills Class  
10:00 – 10:15am Practice  
10:25 – 10:45am Off-Ice Class – Sneakers

### **ADULT CLINIC**

*All adult skaters that have passed Learn to Skate USA Level 6*

**COST:**

Early Bird Discount - Full Package Only:  
**\$141.00 (pay by 4/18/2026)**

Regular Full Package:  
**\$156.00 (pay by 4/25/2026)**

Walk-On Fee: **\$30.00/day**

**Schedule:**

8:35 – 8:50am Off-Ice Warmup  
9:00 – 9:30am On Ice Group Class  
9:30 – 10:00am On Ice Practice  
10:05 – 10:25am Off-Ice Class

### **FIGURE SKATING CLINIC**

**Track 1:** Aspire 2 – Pre-Preliminary  
**Track 2:** Preliminary – Senior

**COST:**

Early Bird Discount - Full Package Only:  
**\$270.00 (pay by 4/18/2026)**

Regular Full Package:  
**\$300.00 (pay by 4/25/2026)**

Walk-On Fee: **\$55.00/day**

**Schedule:**

7:40 – 7:55am Off-Ice Warm Up  
8:00 – 8:15am Figures Class  
8:15 – 8:30am Style & Movement Class  
8:30 – 9:15am Practice  
9:15 – 9:30am BREAK  
9:30 – 9:45am Spins / Edge Elements  
9:45 – 10:00am Jumps / Jump Drills  
10:00 – 10:45am Practice  
10:45 – 11:00am Power Skating Class  
11:15 – 12:00pm Off-Ice

*Guest coaches are welcome, with permission from the Director. Call Jessica Roswell: (716) 580-3458*

**\*\*ONLINE REGISTRATION ONLY\*\***

**Register Online at: [www.sk8gr8.com/registration](http://www.sk8gr8.com/registration)**